

SUNY CORTLAND/ GOLISANO CHILDREN'S HOSPITAL DEADLIFT FUNDRAISER

On November 22nd SUNY Cortland will be hosting a charity deadlift event with the proceeds going to Upstates Golisano Children's Hospital for Christmas gifts for children in need. The participation fee is 25.00 dollars. The meet will begin at 8:00pm, participants should show up to Lusk Field House at 7:00 for weight in and rules. Checks are to be made out to SUNY Cortland ASC. Donations are accepted as well, checks are still made out of SUNY Cortland ASC. Checks should be mailed to Justin Kompf at 87 Lincoln Avenue Cortland NY, 13045. Participant and donors should fill out the information below

Name _____

Email address _____

Opening weight _____

Donation only (write amount) _____

Waiver:

Heavy weight lifting holds inherent risk. By signing this you release the school or any organization of any liability and confirm that you are healthy enough with no orthopedic issues that could be exacerbated by heavy weight lifting

Name _____

Signature _____